

*Introducing...*

**InvigoRest™ ULTIMATE Sleep Formula!**

"Our chemists have 'fine tuned' the original InvigoRest™ formula to create what I believe is our best sleep product yet!

InvigoRest™ ULTIMATE Sleep Formula is all-natural and uses the same ingredients, in different volumes, found in our original formula. In addition to the new formula, the naturally occurring frequencies of the product have been 'amplified' using a proprietary quantum mechanics method.

This technology is the same used in our Anti-Pain system. In addition to experiencing better, deeper sleep InvigoRest™ ULTIMATE Sleep Formula may also help to relieve aches and pains!"

**Richard Allison**, President of Rest and Repair



**Deep Sleep**

# InvigoRest™ **ULTIMATE** Sleep Formula



**Rest and Repair**

Toll Free: (877) 338.3340  
[www.restandrepair.com](http://www.restandrepair.com)

*The Healthy Sleep Supplement*

It is during deep sleep that the body repairs itself. The amount of time spent sleeping is not as important as the quality of sleep one experiences. A lack of deep sleep can cause a wide variety of physical, mental, and emotional disorders including:

- Irritability
- Depression
- Difficulty concentrating
- Weakened immune system
- Memory loss
- Inflammation and pain
- Heart disease
- Obesity

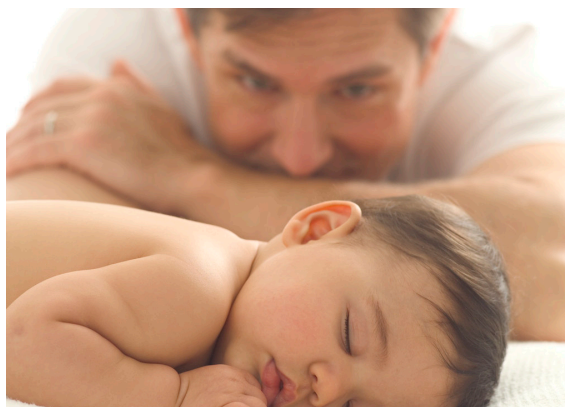


**Daytime Energy!**

Mix *InvigoRest™* in your favorite juice or water or simply allow it to absorb in your mouth and swallow. You may want to start with a quarter of a scoop the first night to test your sensitivity.

Many people only require half of a scoop or less. *InvigoRest™* is POWERFUL. Some first time users may experience morning drowsiness when taking more of the product than is needed.

Some people may feel energized after taking *InvigoRest™* before bed. This "energized" state passes quickly for most but some find that taking *InvigoRest™* earlier in the evening works better for them.



**Sleep like a baby.**

*InvigoRest™* ULTIMATE Sleep Formula contains:

#### **4-amino-3-phenylbutyric acid**

A natural derivative of the inhibitory neurotransmitter GABA (gamma amino butyric acid). It is cited as a nootropic (cognitive enhancer) due to its ability to improve neurological functions. It was discovered in Russia in the 1960s and has since been used there to treat a wide range of ailments including anxiety and insomnia.

#### **Gamma aminobutyric acid**

This is the most important and abundant inhibitory neurotransmitter in the brain. It helps induce relaxation and sleep and acts as a "balancer" for the brain.

#### **Mucuna Pruriens L-Dopa**

Improves sleep, reduces body fat, increases muscle mass, improves mood and sense of well-being, and increases energy levels.

#### **L-arginine**

Studies have shown that it has improved immune responses to bacteria, viruses, and tumor cells. It promotes wound healing and regeneration of the liver. It causes the release of growth hormones which are considered crucial for optimal muscle growth and tissue repair.

#### **L-tyrosine**

Transmits nerve impulses to the brain, helps overcome depression, improves memory, increases mental alertness and promotes healthy functioning of the thyroid, adrenal and pituitary glands.

#### **DL-phenylalanine**

Used by the brain to produce norepinephrine, a chemical that transmits signals between nerve cells and the brain, keeps you awake and alert, reduces hunger pains, functions as an antidepressant, and helps improve memory.

#### **L-theanine**

Increases brain serotonin, dopamine, and gaba.

#### **Ashwagandha**

An adaptogen that works to normalize physiological functions and increases the body's ability to withstand stress. Thought to be the mineral that most people are most deficient in.

#### **Magnesium**

Possibly the most important mineral for the body; essential for deep sleep and many other functions.

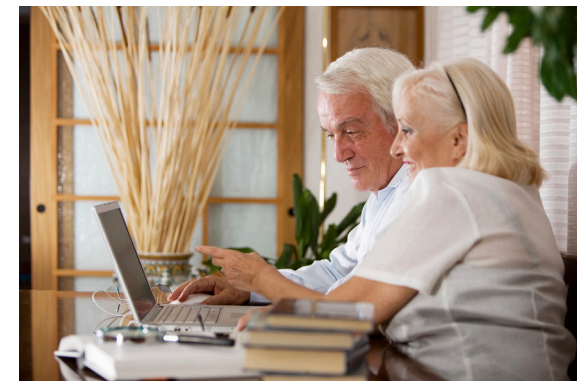
#### **Silica**

A trace mineral which is important for many functions of the body. In *InvigoRest™* ULTIMATE Sleep Formula silica plays an important role in increasing the naturally occurring frequencies of the product.

#### **Vitamin B-6**

Pyridoxine is required for the balancing of hormonal changes in women as well as assisting the immune system and growth of new cells. Also used for processing and metabolism of proteins, fats, carbohydrates, while assisting with mood and behavior control.

This product has not been evaluated by the FDA and is not intended to diagnose, treat, cure, or prevent any disease or medical condition.



**Mental Clarity**